



Code of Conduct – Coaches, Officials & Volunteers

(March 2025)

We promote an inclusive environment that supports our vision to provide an uplifting culture.

You have the right to:

- access ongoing training and information on all aspects of your role, including safeguarding wellbeing & protection
- be able to ask questions, be listened to and respected
- be supported if reporting suspected abuse or poor practice
- know that you will not be punished for reporting a concern
- be protected from abuse from spectators, other adults, coaches, parents, gymnasts

We will support our people, from coaches, club officials and volunteers to develop as they support and work with the club. In return we ask that all coaches, helpers and volunteers working in a regulated role with children must;

1. Hold a valid PVG Certificate accessed through Scottish Gymnastics
2. Have the correct membership which will provide you with the correct insurance
3. Hold a valid relevant safeguarding certificate gained through Scottish Gymnastics
4. Hold appropriate and valid qualifications pertaining to the level of gymnastics they are coaching and commit to CPD training to ensure correct and safe practice.
5. Abide by Scottish Gymnastics Code of Practice for Coaches and Officials.
6. Respect and champion the rights of every individual to participate in sport.
7. Ensure class plans are appropriate to the age, ability, and experience of those taking part.
8. Assume the duty of care for a child, young person or protected adult from the point of receipt at a training session, competition or event to the point of return to their parent, carer or guardian. The duty of care is non-transferable. Gymnasts must be signed out following a class or event unless written permission has been given by the parent or guardian.
9. Develop an appropriate and professional relationship with gymnasts and parents / carers / guardians based on openness, honesty, mutual trust and respect.

10. Demonstrate proper personal behaviour, conduct and image at all times and be a positive role model. This includes behaviour online and social media.
11. Create and maintain an environment free from fear, harassment or harm and minimise any risk.
12. Be fair, honest, and considerate and treat all individuals with respect and dignity.
13. Promote that concept of a healthy lifestyle, supporting the well-being of the gymnast both in and out the sport.
14. Not engage in or tolerate behaviour that constitutes to any form of abuse, exploitation or harm (physical, sexual, emotional, neglect or bullying) and report any such incidents or suspicions to the club Safeguarding Officer(s).
15. Adhere to the club's policies, handbooks and those of our governing bodies, particularly with reference to the accident reporting policy and process.
16. If something does not feel right, or safe, report it.

Failure to comply with this Code of Conduct will result in action being taken under the club's disciplinary guidelines and may result in exclusion from Elevate Acro Gymnastics Club.